

Goal Setting

A good way to improve at something is to make a goal to focus on that skill and work steadily toward it. It is important to check regularly that you are making progress to help keep you on target. Therefore, every so often, in Oasis, you can update your records and report about your progress toward your goal until you have reached it.

Possible topics for goals:

Over the next 4-6 weeks, we will spend one oasis period a week focusing on the following topics. You may want to write a goal that pertains to one of these topics.

- ☐ Organization (cleaning out binders, organizing papers, lockers, backpacks.)
- ☐ Dealing with anxiety and stress
- ☒ Test preparation
- ☐ Home study skills (how to manage your time with homework)
- ☐ Note-taking skills and ideas

Goal: To improve my study skills in Arabic

^{in order} class, to extend my understanding on
the units we study in class.

What steps will you take to reach the goal?

The steps I will take to reach my goal are
to attend the test preparation sessions, to listen
more attentively in class, and to improve
my study techniques for vocab learning.

Where will you look for support in reaching your goal (oasis class, parent, teacher, friend)?

I will look for support from my arabic teacher and to all my friends that ~~xxxxxx~~ speak arabic.

How will you check your progress - what measurement tool will you use (chart, checklist, weekly reflection)?

I will use a chart to show my progress by staying after school, by asking my teacher for help, etc. to see how many times

I have done all those things by the end of Semester 2.

How will you know you have reached your goal? What evidence will you be able to show?

I will know thanks to my chart that will show me my progress. The evidence I will show is my chart and whether or not I have completed it before the end of semester 2.

Goal Report Card. Each time you report, check all that apply. If needed, write a comment for each report.

Date	I have reached my goal. Yay!	I still like my goal.	I need to alter my goal.	I am actively working on my goal.	I think about my goal daily.	I am keeping up with my measuring tool.
March 1, 2012	X	✓	X	✓	✓	X
Mar. 25, 2012	✓	✓	X	✓	✓	X
Nov. 28, 2011	✓	✓	X	✓	✓	X

Comment #1:

So far I have, I have already improved my study skills in Arabic, but I feel that I can do much better. I also need to make a chart to keep

Comment #2:

Yay! My grade has improved so much more because of my new study skills. Though I am still going to work on it more

Comment #3:

I have improved so much I can barely believe it. It has helped me understand so many

different things. This new way to improve my study skills I am going to be using not only in Arabic but other classes as well. Even though I have reached my goal I want to keep doing the things that I have doing to finish the year strong. 4